

### FOUNDATION COURSE TIME TABLE – 2025 BATCH

Date / day	9-10 am	10-11 am	11-12 am	12 am-1 pm	1-2 pm	2-3 pm	3-4 pm	4-5 pm
22-09-2025 Monday	Visit to Anatomy department			L	Visit to Physiology department			Sports & EC (Sports Ground) ( <b>Department Of Biochemistry</b> )
23-09-2025 Tuesday	Visit to central library & MEDLAR Room ( <b>Anatomy</b> )	Visit to college campus ( <b>Department Of Anatomy</b> )		U	Visit to Biochemistry department			Sports & EC (Sports Ground) ( <b>Department Of Physiology</b> )
24-09-2025 Wednesday	PD&E- Coping with mental stress ( <b>Dr Ajeet Chaudhary</b> ) <b>Psychiatry Department</b> )	Introduction to modern scientific medicine <b>Dr Sudhir Yadav</b> <b>Medicine Department</b>	SKILL- source of information in health sciences Medicine- <b>Dr Raj Kishore</b> <b>Medicine Department</b>	N	Ability to communicate to a patient <b>Dr Abhay Pandey</b> ( <b>Department Of Physiology</b> )	Learning resources at B R D Medical college , Gorakhpur <b>CENTRAL LIBRARY</b> ( <b>Department Of Physiology</b> )	Language English/Hindi/Bh ojpur ( <b>Department Of Biochemistry</b> )	Sports & EC (Sports Ground) ( <b>Department Of Biochemistry</b> )
25-09-2025 Thursday	PD&E- Ethics in Medical Literature- Plagiarism ( <b>Dr Mahima Singh</b> ) <b>Pharmacology Department</b> LT1	Physicians (IMG) role in NPH & Society ( <b>Dr Harish Tiwari</b> ) ( <b>Community Medicine</b> ) LT1	Introduction to Information technology, e- classrooms and artificial intelligence. ( <b>Pathology department</b> <b>Dr Amit Gupta</b> ) LT1	C	Overview of first phase MBBS curriculum and MBBS programme <b>Dr Shilpa Singh</b> ( <b>Anatomy</b> )	Cultural competencies & diversity sensitization ( <b>Department Of Biochemistry</b> )	Language English/Hindi/Bhojpuri ( <b>Department Of Anatomy</b> )	Sports & EC (Sports Ground) ( <b>Department Of Anatomy</b> )

26-09-2025 Friday	Physician's role & responsibility to society & the community ( <b>Dr Raj Kumar</b> ) ( <b>Biochemistry</b> )	Goals & Expectations of Interactive Learning ( <b>Dr Vibha Singh</b> ) <b>Department Of Pathology</b> LT1	Physical activity & health ( <b>Dr Manoj Yadav</b> ) LT1	H	PD&E- Medical Ethics- Introduction (LT1) <b>Dr. Bechan Gautam</b> <b>Medicine</b>	National Health Goals/ Community Health Goals <b>Dr Neha Priyanka</b> ( <b>Department Of Community Medicine</b> )	Language English/Hindi/Bhojpuri ( <b>Department Of Physiology</b> )	Sports & EC (Sports Ground) <b>Department Of Anatomy</b>
27-09-2025 Saturday	Empathy in patient encounter ( <b>Department Of Physiology</b> )	Teamwork in Medicine ( <b>Azhar Ali Khan</b> ) <b>Department of Medicine</b> LT1	Bio-Medical Waste Management ( <b>Dr Sarita</b> ) ( <b>Microbiology</b> ) (LT1)	LUNCH	University Exam- Rules & Regulations; summative assessment ( <b>Dr Abhay Pandey</b> ) <b>Department Of Physiology</b> LT1	PD&E- Professionalism in IMG ( <b>Dr Yogesh Pal</b> ) <b>Surgery Department</b>	Ethics of social medial use by medical professionals <b>Dr Pradeep Yadav</b> ( <b>Forensic Department</b> )	Sports & EC (Sports Ground) <b>Department Of Biochemistry</b>
29-09-2025 Monday	Commitment to lifelong learning as an important part of physicians growth ( <b>Department Of Biochemistry</b> )	<ul style="list-style-type: none"> <li>SKILL- BLS (<b>Anaesthesia</b>) Roll no 1-50</li> <li>Visit to UHTC- Chargawan Roll no- 51- 100</li> <li>Visit to hospital campus (<b>Biochemistry Department</b>) Roll no- 101-150</li> </ul>		LUNCH	History of Medicine LT1 ( <b>Dr Deepshika</b> ) ( <b>Medicine Department</b> )	Adjusting to the new environment ( <b>Dr Amil H Khan</b> , <b>Psychiatry Department</b> )	Principles of primary care (general and community based care) ( <b>Dr Ajeet Pratap Singh</b> ) <b>Medicine Department</b>	Sports & EC (Sports Ground) <b>Department Of Anatomy</b>
30-09-2025 Tuesday	Importance of research in medicine ( <b>Dr Anita Mehta</b> )	<ul style="list-style-type: none"> <li>SKILL- BLS (<b>Anaesthesia</b>) Roll no 51- 100</li> <li>Visit to UHTC- Chargawan Roll no- 101-150</li> <li>Visit to hospital campus (<b>Department Of Anatomy</b>)</li> </ul>		LUNCH	SKILL- Effective Communication Skills ( <b>Dr Afifa Aftab</b> ) <b>Community Medicine</b>	PD&E- Self directed learning & peer assisted learning ( <b>Dr Sunita Bharti</b> ) <b>Pathology</b>	Interdisciplinary collaboration in health care (working with nurses, allied health professionals) ( <b>Dr Gagan Gupta</b> )	Sports & EC (Sports Ground) ( <b>Department Of Physiology</b> )

	<b>Department Of Pediatrics</b>	Roll no- 1-50		(LT1)	<b>Department LT3</b>		
03-10-2025 Friday	Role of a physician in health care system ( <b>Department Of Biochemistry</b> )	<ul style="list-style-type: none"> <li>• SKILL- BLS (<b>Anaesthesia</b>) Roll no 101-150</li> <li>• Visit to UHTC- Chargawan Roll no- 1- 50</li> <li>• Visit to hospital campus (<b>Department Of Physiology</b>) Roll no- 51-100</li> <li>•</li> </ul>	LUNCH	Role of IMG & Societal/ Patients Expectations – <b>Dr P N Singh ENT</b>	Stakeholders in National Health Policies & Goals <b>Dr Shradha Mishra (Community Medicine)</b>	Meditation sessions	
04-10-2025 Saturday	PD&E- Time management ( <b>Dr Vinay Singh</b> ) ( <b>Physiology Department</b> )	<ul style="list-style-type: none"> <li>• SKILL- FIRST AID (<b>Anaesthesia</b>) Roll no 1-50</li> <li>• Visit to RHTC- Pipraich Roll no- 51- 100</li> <li>• Computer Skills (<b>Anatomy Department</b>)</li> </ul> <p>Roll no- 101-150</p>	LUNCH	SKILLS- Biosafety ( <b>Dr Jayesh Pandey</b> ) <b>Department of microbiology LT1</b>	Concept of Statistics in Medicine ( <b>Dr Dilip Kumar</b> ) ( <b>Statistician</b> ) LT1	Sports & EC (Sports Ground) ( <b>Anatomy Department</b> )	
06-10-2025 Monday	Occupational Hazards of IMG & how to prevent them-1 ( <b>Dr Neha Priyanka</b> ) ( <b>Community Medicine</b> ) LT1	<ul style="list-style-type: none"> <li>• SKILL- FIRST AID (<b>Anaesthesia</b>) Roll no 51-100</li> <li>• Visit to RHTC- Pipraich Roll no- 101- 150</li> <li>• Computer Skills (<b>Physiology Department</b>) Roll no- 1-50</li> </ul>	LUNCH	Occupational Hazards of IMG & how to prevent them-2 ( <b>Dr Shalini Singh</b> ) ( <b>Community Medicine</b> )	Concept of Management for IMG ( <b>Dr Archana Bundela</b> ) <b>Department Of Pathology</b>  LT2	PD&E: Medicolegal aspects of Ethics ( <b>Dr Sanjeet Soni</b> ) ( <b>Forensic</b> )	Sports & EC (Sports Ground) <b>department of physiology</b>

07-10-2025 Tuesday	SKILL- Effective Non-Verbal Communication ( <b>Dr Nazma Malik</b> ) ( <b>Obs &amp; Gynae</b> ) LT1	<ul style="list-style-type: none"> <li>• SKILL- FIRST AID (<b>Anaesthesia Department</b>) Roll no 101-150</li> <li>• Visit to RHTC- Pipraich Roll no- 1- 50</li> <li>• Computer Skills (<b>Biochemistry Department</b>) Roll no- 51-100</li> </ul>		LUNCH	Introduction to Alternative Medicine ( <b>Dr Shuchi Chaudhari</b> ) <b>Physiology</b>	PD&E- Animal Ethics- Concept ( <b>Dr RP Yadav</b> ) ( <b>Vet Officer</b> ) LT1	Sports & EC (Sports Ground) ( <b>Department Of Biochemistry</b> )
08-10-2025 Wednesday	Mental health of students ( <b>Dr Ajeet Chaudhary</b> ) ( <b>Psychiatry</b> ) LT1	PD&E: Medical Ethics & Etiquettes ( <b>Dr Mamun Khan</b> ) <b>Radiology</b> LT1	Introduction to IEAC & IECHR ( <b>Dr Sonal Goel</b> ) ( <b>Pathology</b> ) LT1	LUNCH	PD&E: Confidentiality ( <b>Dr Shaila Mitra</b> ) ( <b>Pathology</b> ) LT1	PD&E: Communication Skill & Etiquettes- Social Media ( <b>Dr Anant Prakash</b> ), ( <b>Physiology</b> )	Sports & EC (Sports Ground) ( <b>Anatomy Department</b> )
09-10-2025 Thursday	Medical documentation & record keeping ( <b>Dr Gagan Gupta</b> ) LT1	PD&E Informed consent ( <b>Dr Ankita</b> ) ( <b>Obs &amp; Gynae</b> ) LT1	PD&E: concept of independence, beneficence & Non-Maleficence ( <b>Dr Yogendra Singh</b> ) <b>Anatomy</b> LT1	LUNCH	Gender Sensitivity & Sexual Harassment (Vishakha Committee) ( <b>Dr Bindu Singh</b> ) <b>Anatomy</b> LT1	PD&E: Privileged Communication LT1 ( <b>Dr Soumya Agrawal</b> ) ( <b>Department Of Anatomy</b> )	Sports & EC (Sports Ground) ( <b>Department Of Physiology</b> )

Foundation course Coordinator

Dr Bindu Singh

